

## Snell &amp; Wilmer

L.L.P.

LAW OFFICES

One Arizona Center  
 Phoenix, Arizona 85004-2202  
 602.382.6000 P  
 602.382.6070 F  
 swlaw.com

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DATE: April 6, 2006

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Examiner Glenn Richman Commissioner of Patents	703-872-9306 571-273-8300	571-272-4981

FROM: Laura Zeman

PHONE: 602.382.6377

RE: U.S. Serial No. 10/650,455

## MESSAGE:

Attached is the Proposed Amendment and Response I mentioned in the phone message I left for you today.

Thank you.  
 Laura Zeman

12 20

ORIGINAL DOCUMENT: Will not be sent NUMBER OF PAGES (Including Cover): 11

CONFIRMATION NO.: CLIENT MATTER NO.: 49640.0517

PLEASE RETURN TO: Kim Brown 16S21 PERSONAL FAX: No

REQUESTOR: Laura Zeman DIRECT LINE: 602.382.6377

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PAGE 1/11 \* RCVD AT 4/6/2006 3:23:34 PM [Eastern Daylight Time] \* SVR:USPTO-EFXRF-642 \* DNIS:2738300 \* CSID:602 382 6070 \* DURATION (mm:ss):03:00

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I hereby certify that this Amendment and Response to Office Action is being facsimile transmitted to the United States Patent and Trademark Office at (571) 273-8300 and is addressed to: Mail Stop Amendment, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450, on:

Date: \_\_\_\_\_

By \_\_\_\_\_

Signature

IN THE UNITED STATES PATENT  
AND TRADEMARK OFFICEPATENT

Applicants:	Paul LaStayo, et al.	Docket No.:	49640.0517
Serial No.:	10/650,455	Examiner:	Glenn E. Richman
Filing Date:	August 27, 2003	Art Unit:	3764
Title:	METHOD AND APPARATUS FOR SPEED CONTROLLED ECCENTRIC EXERCISE TRAINING		

## PROPOSED AMENDMENT AND RESPONSE

Mail Stop Amendment  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Honorable Commissioner:

In response to the Examiner's Office Action dated March 22, 2006, please amend the above-identified application as follows:

**Amendments to the Claims** are reflected in the listing of claims which begins on page 2 of this paper.

**Remarks/Arguments** begin on page 10 of this paper.